For more than five years, we have been providing care that improves the health and wellness of our community. By removing the barriers to quality care, we know that we are making a significant difference in the lives of our friends and neighbors.

**WE ARE CHANGING LIVES IN OUR COMMUNITY**

### Innovative Approach to Team-Based Care

At Community Health & Wellness Partners, we have raised the bar with our approach to health care, and in 2019 we remained a leader in the effort toward implementing an innovative model of team-based care to treat the whole person, whole community. In this integrated approach to care, teams of primary care, behavioral health and other health care professionals work together with patients to provide a more cost-effective, efficient and patient-centered model of care.

By reorganizing the team to better manage patient flow and efficiency, we know that our patients’ entire health, including physical, mental, social and chronic care issues, are addressed by a cohesive team. This team-care approach ensures that our patients who come to us for their primary medical care can also have other services integrated into their overall health care plan. This approach ensures that patients can get all aspects of their care at one visit, in one location and by one team that includes the primary care provider, behavioral health provider (therapist/counselor), psychiatry provider, case manager and any other service provider. By working as a team, for example, our health care providers can coordinate patient medications and monitor drug interactions.

As the health care industry moves toward this integrated model of care, Community Health & Wellness Partners will be a leader in demonstrating the benefits of this model: increased efficiency, improved clinical outcomes, better quality visits, decreased staff and physician fatigue, better use of the top skill levels of all providers and more satisfied patients.

### Expansion of Behavioral Health Program

In the past year, Community Health & Wellness Partners has experienced great growth in our Integrated Behavioral Health Program by encompassing behavioral health, substance use and medication assisted treatment into the primary care visit.

Using two grants that we received, we hired additional therapists and psychiatry providers, enabling our team to see more patients. In 2018, we served 643 patients in behavioral health with one full-time therapist, two part-time therapists and a psychiatrist working one day a week. In 2019, the team expanded to five full-time therapists, two part-time therapists and three full-time psychiatric providers.

### WHOLESOME RX PROGRAM: A PRESCRIPTION FOR HEALTHY EATING

In 2019, Community Health & Wellness Partners participated in the Wholesome Rx Program, made possible by a grant from the Ohio Department of Health and with support from Wholesome Wave, a national organization dedicated to ensuring affordable access to fresh produce. We enrolled 129 patients in the program, which included group education classes from March through September for those with pre-diabetes and diabetes. The program also enabled us to provide “prescriptions” that patients could redeem for fresh produce at Community Markets (Bellefontaine), Thoman’s IGA, Logan County Farmers Market and Indian Lake Farmers Market. This program truly defines treating the whole person, whole community, as we saw the benefits of the program change the eating habits of our patients’ families.

- **Patients attending classes who had no change or saw a decrease in their A1C, since enrollment, with an average decrease of 0.8%:** 71%
- **Patients enrolled in Wholesome Rx who are now at their A1C goal who entered the program with uncontrolled A1C (A1C>9%)** 50%
- **Patients enrolled in Wholesome Rx with 11 patients losing more than 10 pounds:** 40 pounds
- **Number of patients who attended at least one education class:** 72
- **Total weight loss reported by one patient enrolled in WholesomeRx, with 11 patients losing more than 10 pounds:** 240 pounds
Since its inception in 2014, Community Health & Wellness Partners has pushed the boundaries of the traditional way of delivering health care. In our quest to provide the highest level of care and fulfill our mission of treating the whole person and whole community, we have expanded services beyond primary care and continually examine other services that will help our patients live healthier, fuller lives.

**General Primary Care**
- Health Maintenance Exams/Physical Exams
- Chronic Care Issues
- Acute (Sick/Urgent) Illnesses
- Women’s/Men’s Health (All Ages)
- Infant/Children/Adolescent
- Post-Hospital Follow-Up

**Chronic Disease Management**
- Diabetes
- High Blood Pressure
- High Cholesterol

**Integrated Behavioral Health**
- Depression and Anxiety
- Family and Child Issues
- Substance Use Disorders
- Other Mental Health Issues

**Pharmacy**
- Medication-Assisted Treatment Program
- Substance Use and Addictions
- Vivitrol and Suboxone Prescriptions

**Nutrition**
- Dental (Referral)
- Discounted Drug Program (340B)
- Family Planning
- Immunizations (Free for Uninsured Children)
- Vaccines for Children (VFC) Program

**Laboratory/EKGs**
- Shared Visits with Provider
- Respiratory Therapy
- Sports Physicals
- Vision Screenings
- Social Services
- Outreach Eligibility for Marketplace
- Community Outreach Events

**PHARMACY**
$4.46 million
Total medication cost savings to patients since inception using 340B program

**MEDICATION ASSISTED TREATMENT**

**Increase in patients treated from 2016 to 2018**

78%

**NUTRITION**

994 pounds
Total patient weight loss to date

$173,426.50
Amount that our Ohio State Insurance Assistance Program volunteer was able to save community members as they were choosing their health plans during the insurance open enrollment period

18%
Patients tested who were using a medication that their body could not process for the intended effect
**DIABETES**

- **65%** Patients enrolled in Diabetes Education Program who reduced their A1C levels

**WEIGHT LOSS**

- **73%** Patients enrolled in Diabetes Education Program who had weight reduction

**HYPERTENSION**

- **58%** Patients enrolled in Diabetes Education Program who reduced their blood pressure

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**PREVENTATIVE HEALTH SCREENING & SERVICE**

- **Cervical Cancer Screenings**: 49.56%
- **Weight Assessments & Counseling Children | Adolescents**: 83.85%
- **Body Mass Index Screening**: 90.94%
- **Tobacco Use Screening & Cessation Intervention**: 89.64%
- **Colorectal Cancer Screening**: 57.38%
- **Clinical Depression Screening**: 66.8%
- **Appropriate Medication Use for Asthma**: 97.62%
- **Coronary Artery Disease (CAS) Lipid Therapy**: 75.23%
- **Ischemic Vascular Disease (IVD) Use of Aspirin or Antithrombotic**: 92.83%
- **Hypertensive Patients with Blood Pressure < 140/90**: 67.65%

**DIABETES**

- **21.33%** Diabetes; Hgb A1C Poor Control

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**MEDICAL CONDITIONS**

**2018**

- **Hypertension**: 37.11%
- **Diabetes**: 15.11%
- **Heart Disease**: 11.54%
- **Overweight and Obesity**: 18.15%
- **Depression**: 17.40%
- **Anxiety**: 0%
- **HIV**: 0%

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**BEHAVIORAL HEALTH PATIENTS SERVED**

<table>
<thead>
<tr>
<th>Year</th>
<th>Diabetes</th>
<th>Hypertension</th>
<th>Overweight and Obesity</th>
<th>Depression</th>
<th>Anxiety</th>
<th>HIV</th>
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</thead>
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<td>2017</td>
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<tr>
<td>2018</td>
<td>643</td>
<td></td>
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</tr>
</tbody>
</table>

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**ECONOMIC IMPACT**

- **Total Patient Visits**
  - 2014: 7,218
  - 2015: 10,782
  - 2016: 22,073
  - 2017: 25,539
  - 2018: 28,862

- **Total Full-Time Equivalents**
  - 2014: 15
  - 2015: 23
  - 2016: 33
  - 2017: 46
  - 2018: 55

- **Total Gross Employee Wages**
  - 2014: $715,000
  - 2015: $1,082,000
  - 2016: $1,912,000
  - 2017: $2,496,000
  - 2018: $3,286,000
PATIENT SATISFACTION

Patients who would send family and friends to Community Health & Wellness Partners

99.3%

WE ARE ELIMINATING BARRIERS

I believe the food trucks are important for many reasons. For some, it’s their major source for food. For others, it’s a great way to socialize. It’s a way for people to help each other.

Donna Lethcoe

WE ARE HERE TO SERVE YOU

At Community Health & Wellness Partners, we are passionate about changing the lives of the residents of our community by providing a level of health care that improves the well-being of the whole person and eliminates economic and other barriers to obtaining medical care.

We serve all residents – those in need of primary care and/or chronic disease management, those fighting addiction, depression or other behavioral health issues affecting everyday family life. We strive to make sure that no resident gets turned away or left unattended. Our team of health care professionals works at multiple locations throughout Logan County, with providers on call 24-7, to ensure that no patient is ever without access to care.

To learn more, stop by, call us or visit our website — www.chwplc.org.

We welcome everyone.

The Mission of Community Health & Wellness Partners

To provide quality, whole-person, patient-centered medical care to anyone and everyone in our community.