



Your health is in **your hands...** with healow

What is the healow app?
healow app is a secure app that helps you manage what's important – the health of you and your family!



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Android app



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Iphone app





Simplify Your Life

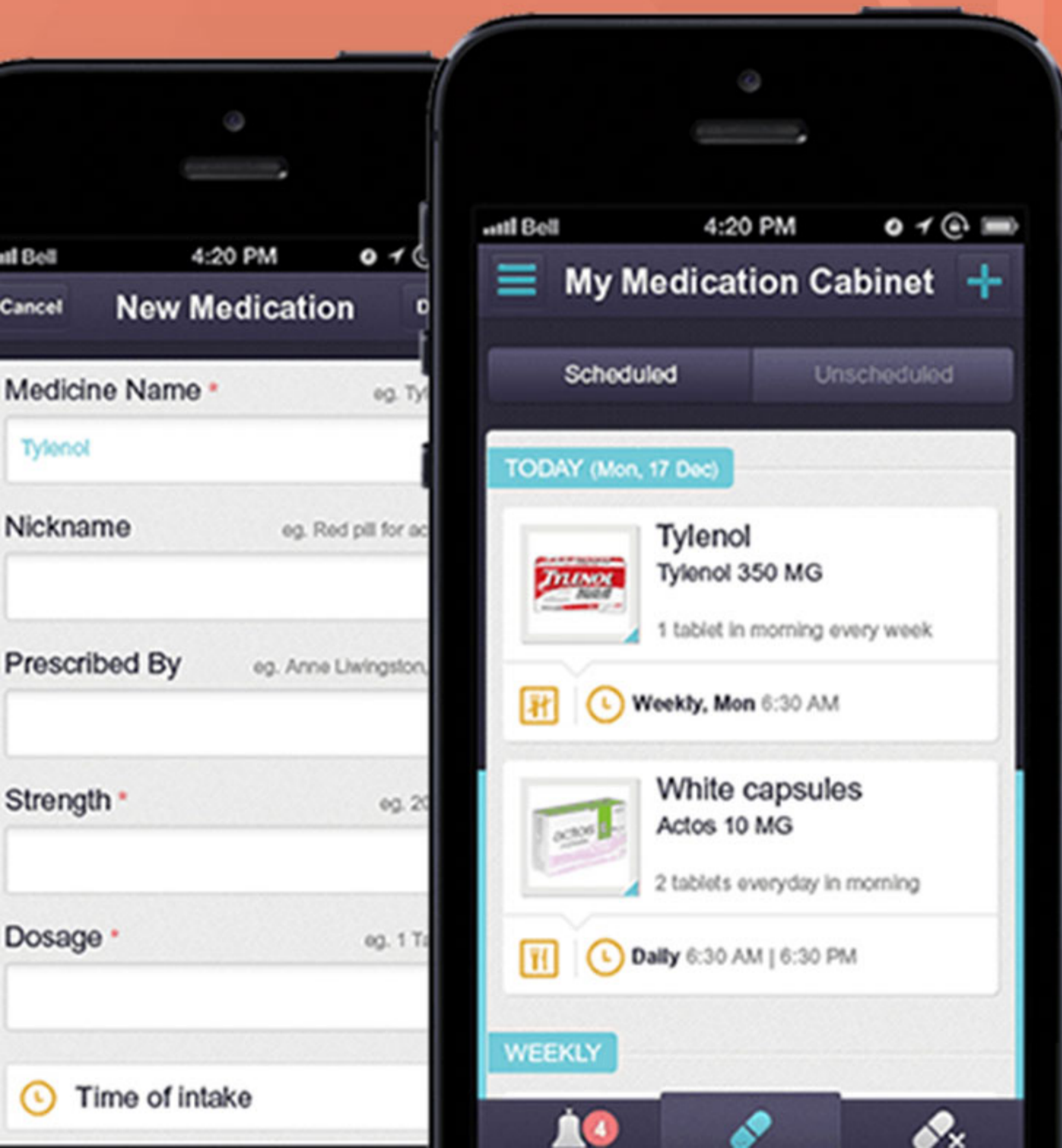
Access multiple accounts
your own and your family's, from a single location

Juggling multiple provider accounts and patient portals can be confusing and time-consuming. Use healow to link all of your providers together in a single location. One username and one password is all you need to obtain access to all of your provider accounts for yourself and your minor children. And with their consent, you can even manage the accounts of your spouse or aging parents. Gain the peace of mind that comes from knowing your family's important health information is at your fingertips!



Manage Your Medicine Cabinet

Personalize & manage your medications all in one place



Did you know that in a study of 178 elderly patients, 59% made one or more errors in their medications? healow can help avoid the confusion that often comes with taking many medications at different times for different conditions. Use healow to help manage your medicine cabinet in a variety of ways:


- Receive automatic medication reminders based on the schedule you set up
- Give your medications names that make sense to you!
- Have a photograph of all the medications you are taking to avoid confusion
- Send a refill request to your doctor when you are running low
- Add over-the-counter medications to your Medication List
- Consolidate all of the medications that have been prescribed by all providers that use the healow app

♥ An Informed Patient is an Informed Consumer

Obtain lab results and have access to your Personal Health Record

healow contains all of your important health information, including labs, imaging studies, and procedures, recent vital signs, allergies, medical problems, immunizations, and more. Having access to this information puts YOU in control of your healthcare. Never again wonder when you had your last tetanus shot . . . reduce the number of repetitive tests by having access to recent results . . . and understand your health status and your progress toward your health and wellness goals by using healow to track your vital statistics after each visit to your doctor.

My Records




John Smith ♂
 Born on: 1 Jan 1985
 john@phoenixheart.com

129, Turnpike rd, West Avenue,
 Westborough, MA 01581

B Type	A +ve
Height	167 cm
Weight	126 lbs




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Allergies

-  R-Tanna
Rash 16 Jun 2010
-  Zithromax
Rash 16 Jun 2010

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Vitals

		
Height 167 cm	Weight 126 lbs	BP 98 mmHg

Temperature	1 Jan 2012
100 F	
Respiratory Rate	1 Jan 2012
120 per Minute	
Cardiac Monitoring	1 Jan 2012
75 Beats per Minute	
B Type	1 Jan 2012
A +ve	

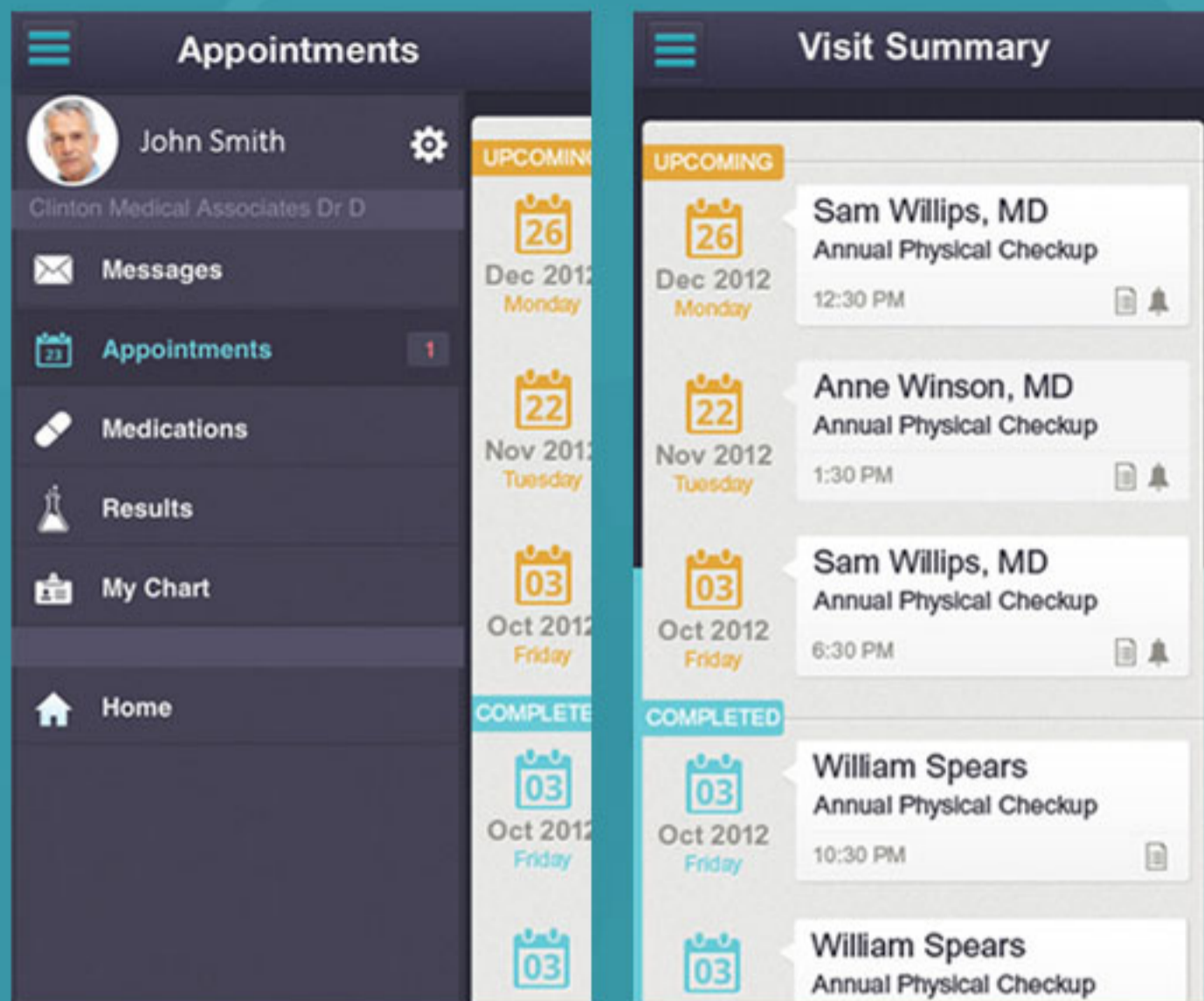
Profile Vitals Insurance Allergies More

Vitals

		
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Use Your Time Wisely

Control your busy schedule

Let healow send you automated reminders for upcoming appointments and give you a Visit Summary when you're done! You can view past and future appointments using healow and write notes about those issues that you want to discuss with your doctor. With healow, you will never leave your doctor's office thinking, "I forgot to tell her about..."



Stay Connected to Your Healthcare Providers

Receive interactive health alerts and messages from your doctor

You are never alone with healow - healow is a secure and convenient way to send messages to- and receive responses from - your doctors. You can also receive important notifications from your doctor's office - stay healthy and stay connected with healow!





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